

# Friday workshops at expo

## 9:30 a.m. Area 1 Village Virtual

**Are you ready for online learning?** At Village Virtual, we think differently. We believe students should have voice and choice in when and how they learn. We believe students should be allowed the opportunity to explore their talents and gifts while they work toward graduation requirements. We believe that being future ready means that students graduate with a 21st century skill set that includes proficiency with technology, time management, and ownership of their learning. Online learning provides the means through which learners can accomplish all of these learning outcomes. Join us to experience online learning from the student and parent perspectives and get all your questions answered at CSTHEA.

## Fri 9:30 am Area 2 Homelife

**How to survive homeschooling?** Practical Tips to organize yourself to homeschool by Margie Abbott Come pack a homeschool survival kit with ideas and tips to happily survive homeschooling. Some moms seem to be able to just naturally keep it all together with 3 meals a day on the table, everybody on schedule with all their assignments, children who clean up after themselves without being asked, babies that only need diaper change and nursing on a perfect 4 hour schedule, and plenty of extra time for husbands, too. And then there are the rest of us who need all the help and hints we can get to survive each day.

## Fri 9:30 Area 3 Scriptorium

**Thought for Food: Simple Ingredients for Teaching Writing and History** by Grace Hughbanks Learn how these two subjects improve thinking ability and get straightforward tips you can use to help your students enjoy an intellectual feast.

## Fri 9:30 a.m. Area 4 Educational Coop

**Hands-on STEM workshop.** Educational Cooperative of Chattanooga is excited to offer registrants the opportunity to participate in their hands-on STEM workshops! Each workshop will offer participants the chance to think critically, choose resources, and build constructively. Participants will have a project take-away, as well as specific information about how to bring EdCoop to YOUR homeschool group. Be sure to sign up early for these engaging STEM activities for you and your young scientists. Also, be sure to stop by Educational Cooperative of Chattanooga's booth all weekend. You'll meet a couple of great teachers and can enter for a chance at a raffle prize.

## Friday 10:45 a.m. Area 1 Educating For Success

**Home Business Education 101** – 7 foundational principles that aren't taught in school Owning a home business is just one way for young people to implement practical leadership abilities to impact their world. Leadership education is different from employee-oriented education. So how do you know if you are encouraging

your students to be leaders or followers? Get the answers, plus discover the secrets of entrepreneurial education the Perry family has discovered from almost 30 years of homeschooling to live financially free!

## Fri 10:45 a.m. Area 2      **Notgrass**

**Your Child Can Love History With Notgrass.** Presented by Donna Ellenbueg Notgrass History combines engaging lessons, primary source documents, full-color photographs and illustrations, classic literature, and hands-on activities to help children understand and enjoy history, government, civics, and economics.

## Fri 10:45 Area 3      **Chattanooga State**

**Early College and TN Dual Enrollment Grant.** We'll not only give information about how to take college classes while still in high school, but we'll talk about some grant funding that could cover most if not all of the tuition for some classes.

## Fri 10:45 Area 4      **Sailaway**

**Homeschooling for High School.** Planning the Journey Homeschooling for High School is not difficult, but requires some planning and vision. Join us to learn more about how to make your journey to graduation a smooth and enjoyable one.

## Fri Noon Area 1      **Classical Conversations**

## Fri Noon Area 2      **Homelife**

**Navigating Your Way Through High School.** Lani Carey. Whether you are feeling shipwrecked, like you are sailing into the storm, or feeling that you are in the eye of the hurricane, this workshop will lead you step-by-step through the high school years. Yes, they can be stressful and turbulent, but knowing what lies ahead and how to navigate through these years can save you lots of time and maybe a few headaches, too! This information will help you stay the course and insure smooth sailing ahead. Also, when and how to request diploma and final transcripts, timeline of when everything needs to be done and how (without overlooking anything and without duplication), when to consider early graduation or 5-year plan. Some of the topics covered. -- ACTS/SATS/PSATS-when and why to take them. What is the difference? -- AP and Honors Courses, Dual Enrollment, -- College Applications, FAFSA, Transcripts, Financial Aid (TN Promise, HOPE), Scholarships and Recommendation Letters, Portfolios, Evaluations, special circumstances (NCAA, Military Academies).-- Q&A at the end.

## Fri Noon Area 3      **Gamed**

**Making Screen Time Count In our homes.** Screen time can be an area of concern. It can be another rule that needs enforcement or an area that even leads to guilt in the face of some homeschooling circles that espouse a strict screen time policy. Certainly, our children are being brought up in a different world today with online interaction as the predominant social interaction of this generation. Is there a way that we can leverage this technology to our benefit? Learn the skills to navigate this interaction safely and turn screen time into a learning tool that is an asset to your homeschooling journey. You will also discover how screen time can help improve your students memory retention, spelling and reading all while learning good internet etiquette.

## Fri Noon Area 4      **Gateway**

**Hands-On Science.** How to make science come alive at your house. Study the world of nature every day. Use experiments and demonstrations. Find appropriate tools for study: sketching, photography, field guides, apps and websites. Master terminology by learning its source.

## Fri 1:15 p.m. Area 1      **Aaron Academy**

**Are you looking for information on how to homeschool?** Well, look no more. Please join me as I walk you through the “how” to get started in your home school journey. My topics will include state laws, why and when do I need an umbrella school to how to buy curriculum, report grades and testing. My husband and I home schooled two children from K-12th grade with our daughter attending and graduating from Bryan College. When our seminar is over I hope you will have the knowledge needed to make right decisions to get you started on this incredible journey of home schooling. We at Aaron Academy know that our parents make the best teachers and we will walk with you all the way.

## Fri 1:15 p.m. Area 2      **Simply Charlotte Mason**

**Keep It Simple: How to Teach Your Whole Family Together** Save time and money by teaching most school subjects to all of your students together. Join Laura for some practical strategies to lower your stress level, provide a well-rounded education, and help you and your children build sweet memories. Learn how to keep it simple by teaching your whole family together with Charlotte Mason methods!

## Fri 1:15 p.m. Area 3      **Comprehensive Academics**

## Fri 1:15 p.m. Area 4      **Gulinogroup**

**Strategies to help all students Achieve/Succeed.** Educator Resources from Nahan Levy

## Fri 2:30 p.m. Area 1      **ACE**

**Making A Difference: Children With Character** by Roger Cole. What can you instill into your children that will count for time and eternity? Teaching them a Christ-centered character that yields social, scholastic and spiritual growth is the answer. What a difference a child with Godly character could make in this world!

## Fri 2:30 p.m. Area 2      **Homelife**

**Your Kids Don't Have to go to College.** By Diane Benson I may seem like an unlikely person to present a workshop on this topic. I love college. I loved being a student and I love teaching. I've taught Psychology at a Community College in Knoxville for over 15 years. But it is precisely because I've seen what happens to kids who are told that college is the ONLY answer; kids that are smart and hardworking but whose passions and gifts are neither rewarded or encouraged. Some of these kids end up taking out loans to pay for college -- but in the end drop out and end up with the debt but no degree. And college is not the guarantee to success that it was in the past. But there are other options.

## Fri 2:30 p.m. Area 3      **Bryan College**

**Preparing Your Teen for College.** By Pat Wesolowski (It is easier than you might think!) How can a parent be sure their students are prepared for life after high school? Many subjects that are important to a teen are often either neglected in high school or postponed until college, yet in order to adequately prepare a teen for life there are certain subjects that should be mastered before your teen graduates. The subjects of logic,

current events, debate, public speaking, worldviews and critical thinking are often considered electives, yet are vital to developing a well-rounded, articulate individual. This workshop will cover how a parent can easily introduce and master these subjects, with recommended resources included. In addition we will discuss testing and transcripts, dual enrollment, college choices, gap year programs and other post-high school options.

## Friday at 2:30 Area 4 Young Living

**Kids, the Brain, and Essential Oils.** Let's discuss how learning happens within a child's brain, how stress and other factors influence learning, and what you can do to create the best learning environment possible. We'll talk about growth mindset, brain balancing, and how essential oils impact the limbic system of the brain to help the learning process.

## Fri 3:45 p.m. Area 2 Cynthia Simmons

**Teach Your Children to Think** -- Our society has moved away from Christianity, and parents must prepare children to discern the messages they hear rather than believe everything they read and watch. This workshop explains the cultural changes and gives ideas on teaching reasoning in various subjects and ages.

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## Fri 5 p.m. Area TBA CSTHEA activities

**CSTHEA Update.** Sports questions? Activities? Legal questions? How to get involved? Share a great idea! Come get the update and the lowdown on what's happening in the greater Chattanooga area.

# Saturday workshops

## Sat 9:30 a.m. Area 1 Village Virtual

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## Sat 9:30 a.m. Area 2 Cynthia Simmons

**Teach Your Children Excellence without Oppressing Their Spirit.** We all want our children to achieve their best, but there's a fine line between encouraging them and never being pleased. You will hear people say they never pleased their parents, which we want to avoid. This class shows you how to encourage your child and even describes what a healthy home looks like.

## Sat 9:30 a.m. Area 3 Bryan College

**Finally Finished and Ready to Share.** By Pat Wesolowski Homeschooling 9 children over the past 32 years has been a joy-filled experience, but not an experience void of frustration, confusion, and regret. Learn from my mistake and the mistakes of my homeschooling friends, and be encouraged to make changes in your homeschooling journey so that you can complete the course without major regrets

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## Sat 10:45 Area 1 Educating For Success

**5 Home Business Projects that Teach Financial Literacy and Create Income** By Rhea Perry. In this insightful session taught by an award-winning Internet business owner and veteran homeschool mom of 7, you will learn the fundamentals of five proven home businesses your family can start part-time that could possibly bring dad home like they did! You'll also learn why some of your children never finish a job, why others are not self-motivated, and how to work toward a lifestyle of freedom instead of a paycheck.

## Sat 10:45 Area 2 Simply Charlotte Mason

**Delightful Reading** Relax with a truly gentle approach to teaching reading. Charlotte Mason-style reading lessons include informal play, multi-sensory activities, basic phonics, and enjoyable variety. This simple plan will carry your child from learning the alphabet to building words to feeling at home in the fascinating world of books.

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## Sat at noon, Area 2 Sunflower Seed Press

### **Creative Writing Techniques That Motivate Children to Write From Their Hearts and Minds** By Ronda Friend Let the fun begin! Creative juices will flow as attendees learn by doing.

Utilizing a unique, innovative writing card game, imaginations will explode. Incorporating a biblical, moral message, attendees will walk away with

practical writing tools to implement in their families for years to come. Their children will be equipped to not only write from their minds but from their hearts.

## Sat at noon, Area 4 Gateway

**Crash Course for Teaching High School**-- What you need to know about Curriculum, Credits, College Prep, ACT, Maths, Sciences, English, Foreign Languages and Electives.

## Sat 1:15 Area 1 Classical Conversations

## Sat 1:15 p.m. Area 2 Demme Learning/ Math U See

### **Answering the “Why”:** Math-U-See Teaches Mathematical Understanding by

Gretchen Roe Math-U-See’s unique instructional approach uses colorful manipulatives to represent abstract math concepts in clear, relatable ways. Even reluctant mathematicians can develop a positive relationship with math.

## Sat 1:15 p.m. Area 3 Comprehensive Academics

## Sat 2:30 Area 2 Cynthia Simmons

**How to Homeschool Without Losing Your Sanity** - When you teach your children at home, you have taken on another full-time job. My mother used to say that if she got her kids grown, she wouldn’t have sense enough to come in out of the rain, and she only had two that went to public school. You’ll learn vital tips and tricks to go the distance and have fun at the same time.